



DEXTER SCHOOL ATHLETIC/ACTIVITIES CODE

- The success of the Athletic/Activity Programs depends upon the total effort of both the participants and coaches/sponsors. This code is a statement of conditions, conduct and discipline that promotes positive morals, attitudes, and behaviors for all of those involved in the Dexter Athletic/Activity Programs. This code lists expectations, requirements of all participants, and the consequences for inappropriate actions.
- Participation in the Athletic/Activity Programs is strictly voluntary. It is a privilege rather than a right. Consequently a student must know that by his/her participation they accept the obligation of certain established restrictions on their behavior that are not required of non – participants.
- A student should develop and maintain pride in himself/herself and their actions at all times. The pride that he/she develops involves his/her self-concept as an individual within a society and includes general behavior and appearances that are expected to be developed and practiced. With this concept in mind, the following rules of conduct are established for all Dexter School Athletic/Activity Program participants.
- All rules of the Dexter Student Handbook shall be adhered to by all student participants.
- All rules of the Dexter School Athletic/Activity Code are in effect for athletics from the beginning of 2 – a – days until the last day of school for grades 7-11, the last day of all – star competitions will be the last day for seniors for athletics. For activities, the code will be in effect from the beginning of band camp till the end of all summer competitions. When participating in more than 1 extracurricular activity, a dual participation form must be filled out and signed.

Rules of conduct of grades 7-12

1. Will not use or be in possession of illegal drugs and drug paraphernalia in any form (i.e., tobacco, marijuana, alcohol, etc.), and will not commit any criminal acts.
2. Will not receive an out of school suspension.
3. Will not attend a function where illegal drugs or alcohol is being consumed by minors.
4. Will not use profane, vulgar, or obscene language or signs.
5. Will not violate the Dexter Schools dress and grooming code, and will abide by additional dress code standards set by the coaches/sponsors.
6. Will not miss practice sessions without prior approval of the coach/sponsor (i.e., doctors appointment, family emergency, etc.). Missing practice due to “I’s” is unexcused.
7. Will be present at school the entire day of the game/activity or on Friday if the game/activity is a weekend event, unless otherwise cleared by the principal’s office. If a student is truant that student will be ineligible to participate in their next scheduled competition.
8. No seniors will be allowed to participate on JV teams unless prior approval is given by the principal and athletic director.

Consequences for the current school year

- 1st offense of rules 1 and 2 will result in immediate suspension from the sport/activity involved for a period of 15 school days, for rule number 1 the student will be referred to counseling and must complete the NMAA course Life of an Athlete. The student will be allowed to practice with vigorous physical training or stipulations given by the coach/sponsor. A 2 games/activities suspension minimum will also be administered.
- 2nd offense of rules 1 and 2 will result in dismissal from all sports/activities for one calendar year, and the student will be referred to counseling (rule 1).
- 1st offense of rule 3 will result in a minimum one game/activity suspension.
- 2nd offense of rule 3 will result in dismissal from the sport/activity for the rest of the season, and the student will be referred to counseling.
- 1st offense of rules 4-6 will be handled by the head coach/sponsor on an individual basis.
- 2nd offense of rules 4-6 will result in a minimum one game/activity suspension or however many games/activities fall in five consecutive school days.

Additional violations of rules 4-6 may result in dismissal from a sport/activity for the remainder of the season.

QUITTING AND/OR REMOVAL FROM TEAM

1. If a participant quits or is removed from a sport/activity less than 10 days after the first practice, there are no consequences.
2. If a participant quits or is removed from a sport/activity after 10 days up to 20 days after the first practice, they may not participate in their next participating sport/activity until the current sport/activity season is completed.
3. If a participant quits or is removed from a sport/activity more than 20 days after the first practice, they are required to have extra conditioning and miss any scheduled games for 15 days, with a minimum 2 games suspension, from their next participating sport.
4. For dual participation quitting rules, see dual participation form.

HAZING

- Hazing is prohibited at Dexter Schools, whether on or off school property, and whether during or outside school hours.
- Hazing includes, but is not limited to: 1) engaging in any offensive or dangerous physical contact, restraint, abduction, or isolation of a student; 2) requiring or encouraging a student to perform any dangerous, painful, offensive, or demeaning physical or verbal act, including the ingestion of any substance, exposure to the elements, deprivation of sleep or rest, or extensive isolation; 3) subjecting a student to any dangerous, painful, offensive, or demeaning conduct, or to conduct reasonably likely to create extreme mental distress.
- Students found to have engaged in hazing shall be subject to discipline by the Principals and Athletic Director. Such discipline may include suspension or complete removal from the team.

CYBER IMAGE POLICY

- Any identifiable image, photo or video which implicates a participant to have been in possession or presence of drugs or portrays actual use, or crime, may be considered as material evidence of violation of the code (see first page for consequences). Since there is no way to establish a timeframe for when or location of where the image was taken, it shall be a responsibility that the participant must assume. It must also be noted that there may be persons, who would attempt to implicate a participant by taking images to place them in situations where they might be in violation of this athletic/activity code. This is our rationale for demanding that our participants not place themselves in such environments.

ACADEMIC INELIGIBILITY

- If a participant is academically ineligible, they **MAY** be allowed to **practice only**, under the following circumstances:
 1. Must have prior approval from head coach/sponsor (approval from coach/sponsor may or may not be given).
 2. Must show weekly grades that they are eligible, once grades show that student is ineligible they can no longer practice.
 3. Once 9 weeks and/or semester ends and participant is not on the new ineligible list, they are now officially a part of the team (participate in games/activities, travel, etc.).

Any behavior unbecoming a Dexter School Athletic/Activity Program participant will be handled on an individual basis by the coach/sponsor and administrator.

On trips, the coach/sponsor shall be in FULL CHARGE and may take such disciplinary actions as are necessary to maintain the safety and welfare of the group. Action shall be prudent and may include returning individual students to their parents so as not to punish the whole group for the actions of a few.

Extenuating circumstances and/or exceptions to these rules will be determined by the Principals and Athletic Director.

BY SIGNING THIS DOCUMENT, I INDICATE THAT I HAVE READ THE PRECEDING RULES OF CONDUCT AND FULLY UNDERSTAND THE CONTENT, INCLUDING THE CONSEQUENCES, AND AGREE TO THESE STANDARDS

Student-Athlete signature

Parent or Guardian signature

Date